

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

January 2022

Assisted Living

9:30 Morning News & Coffee - Café
10:00 Tips to Stick to Your Resolutions - Café
10:30 Nature Scavenger Hunt - Meet in Lobby
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Prayer Reading - Library
3:30 Family Feud - Lounge
4:00 Happy Hour - Lounge
New Year's Day

9:30 Morning News & Coffee - Café **2**
10:00 Fit, Fab, Fun Walking Group - Lobby
10:30 Church Service - Theater
1:00 Horseshoes - Side Patio
1:30 Mexican Train Dominoes - Art Studio
3:30 Close Counts - Lounge
4:00 Happy Hour - Lounge
6:30 Mandala Coloring - Art Studio
Epiphany

9:30 Weekly Updates, Morning News & Coffee - Café **3**
10:00 Weekly Horoscopes - Café
11:00 Smart Moves with Jackie Tally - Fitness Center
1:30 Afternoon Matinee: Frozen - Theater
3:30 Make Paper Snowflakes - Art Studio
4:00 Happy Hour - Lounge
6:30 Evening Puzzles & Music - Art Studio

9:30 Morning News & Coffee - Café **4**
10:00 Elvis Presley Song Scramble - Café
10:30 Functional Fitness - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Happy Stitches: Fleece Tie Blankets - Art Studio
3:30 Let's Play Jeopardy - Lounge
4:00 Happy Hour - Lounge

9:30 Morning News & Coffee - Café **5**
10:00 Midweek Devotion - Café
10:30 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Snowflake Scavenger Hunt - Art Studio
3:30 Skee Ball - Lounge
4:00 Happy Hour - Lounge
6:30 Evening Movie of Your Choice - Theater

Beauty Salon Open **6**
9:30 Morning News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Tech Class: Bring Your Devices - Café
2:00 Art with Heart by Early - Art Studio
3:30 Cheesy Jokes & Puns - Lounge
4:00 Thirsty Thursday: Bloody Mary's - Lounge

9:30 Morning News & Coffee - Café **7**
10:00 Health Chat: Sleep - Café
10:30 Outing to Krispy Kreme Donuts - Sign Up with Concierge
1:30 Bingo - Theater
3:30 Carpet Golf - Lounge
4:00 Happy Hour & Birthday Social - Lounge
6:30 After Dinner Dominoes - Art Studio

9:30 Morning News & Coffee - Café **8**
10:00 Bananagrams & Scrabble Slam - Café
10:30 Nature Scavenger Hunt - Meet in Lobby
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Scripture Reading - Library
3:30 Family Feud - Lounge
4:00 Happy Hour - Lounge

9:30 Morning News & Coffee - Café **9**
10:00 Fit, Fab, Fun Walking Group - Lobby
10:30 Church Service - Theater
1:00 Horseshoes - Side Patio
1:30 Rummikub - Art Studio
3:30 Close Counts - Lounge
4:00 Happy Hour - Lounge
6:30 Mandala Coloring - Art Studio

9:30 Weekly Updates, Morning News & Coffee - Café **10**
10:00 Weekly Horoscopes - Café
10:30 Chair Aerobics - Fitness Center
1:30 Jewelry Making - Art Studio
3:30 Name that Elvis Song - Lounge
4:00 Happy Hour - Lounge
7:00 National Championship - Theater

9:30 Morning News & Coffee - Café **11**
10:00 Learn Your Name in Morse Code - Café
10:30 Functional Fitness - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Book Club - Library
3:30 Let's Play Jeopardy - Lounge
4:00 Happy Hour - Lounge

9:30 Morning News & Coffee - Café **12**
10:00 Midweek Devotion - Café
10:30 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Make Clay Pot Snowmen - Art Studio
3:30 Skee Ball - Lounge
4:00 Happy Hour - Lounge
6:30 Evening Movie of Your Choice - Theater

Beauty Salon Open **13**
9:30 Morning News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Tech Class: Bring Your Devices - Café
2:30 Cooking Demo with Nneka - Dining Room
3:30 Cheesy Jokes & Puns - Lounge
4:00 Thirsty Thursday: Hot Chocolate Bombs with Bailey's Irish Cream & Steamed Milk - Lounge

9:30 Morning News & Coffee - Café **14**
10:00 Health Chat: Eyes - Café
10:30 Outing to Bass Pro Shop - Sign Up with Concierge
1:30 Bingo - Theater
3:30 Carpet Golf - Lounge
4:00 Happy Hour - Lounge
6:30 After Dinner Dominoes - Art Studio

9:30 Morning News & Coffee - Café **15**
10:00 What Am I? - Café
10:30 Nature Scavenger Hunt - Meet in Lobby
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Prayer Reading - Library
3:30 Family Feud - Lounge
4:00 Happy Hour - Lounge

9:30 Morning News & Coffee - Café **16**
10:00 Fit, Fab, Fun Walking Group - Lobby
10:30 Church Service - Theater
1:00 Horseshoes - Side Patio
1:30 Mexican Train Dominoes - Art Studio
3:30 Close Counts - Lounge
4:00 Happy Hour - Lounge
6:30 Mandala Coloring - Art Studio

9:30 Weekly Updates, Morning News & Coffee - Café **17**
10:00 Weekly Horoscopes - Café
11:00 Smart Moves with Jackie Tally - Fitness Center
1:30 Afternoon Matinee: King in the Wilderness - Theater
3:30 "I Have a Dream" - Lounge
4:00 Happy Hour - Lounge
6:30 Evening Puzzles & Music - Art Studio
Martin Luther King, Jr. Day

9:30 Morning News & Coffee - Café **18**
10:00 Poems by Edgar Allen Poe - Café
10:30 Functional Fitness - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Happy Stitches - Art Studio
3:30 Let's Play Jeopardy - Lounge
4:00 Happy Hour - Lounge

9:30 Morning News & Coffee - Café **19**
10:00 Midweek Devotion - Café
10:30 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Resident Council Meeting - Dining Room
3:30 Skee Ball - Lounge
4:00 Happy Hour - Lounge
6:30 Evening Movie of Your Choice - Theater

Beauty Salon Open **20**
9:30 Morning News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Tech Class: Bring Your Devices - Café
2:00 Piano by Jan - Theater
3:30 Cheesy Jokes & Puns - Lounge
4:00 Thirsty Thursday: Rum & Coke - Lounge

9:30 Morning News & Coffee - Café **21**
10:00 Health Chat: Laughter - Café
10:30 Outing to Irondale Café - Sign up with Concierge
1:30 Bougie Bingo - Theater
3:30 Carpet Golf - Lounge
4:00 Happy Hour - Lounge
6:30 After Dinner Dominoes - Art Studio

9:30 Morning News & Coffee - Café **22**
10:00 Uno & Card Games - Café
10:30 Nature Scavenger Hunt - Meet in Lobby
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Scripture Reading - Library
3:30 Family Feud - Lounge
4:00 Happy Hour - Lounge

9:30 Morning News & Coffee - Café **23**
10:00 Fit, Fab, Fun Walking Group - Lobby
10:30 Church Service - Theater
1:00 Horseshoes - Side Patio
1:30 Rummikub - Art Studio
3:30 Close Counts - Lounge
4:00 Happy Hour - Lounge
6:30 Mandala Coloring - Art Studio
9:30 Morning News & Coffee - Café **30**
10:00 Fit, Fab, Fun Walking Group - Lobby
10:30 Church Service - Theater
1:00 Horseshoes - Side Patio
1:30 Mexican Train Dominoes - Art Studio
3:30 Close Counts - Lounge
4:00 Happy Hour - Lounge
6:30 Mandala Coloring - Art Studio

9:30 Weekly Updates, Morning News & Coffee - Café **24**
10:00 Weekly Horoscopes - Café
10:30 Chair Aerobics - Fitness Center
1:30 Flower Arranging - Art Studio
3:30 Name that Dolly Parton Song - Lounge
4:00 Happy Hour - Lounge
6:30 Evening Puzzles & Music - Art Studio
9:30 Weekly Updates, Morning News & Coffee - Café **31**
10:00 Weekly Horoscopes - Café
10:30 Chair Aerobics - Fitness Center
1:30 Afternoon Matinee: Little Italy - Theater
3:30 Name the Famous Sports Team - Lounge
4:00 Happy Hour - Lounge
6:30 Evening Puzzles & Music - Art Studio

9:30 Morning News & Coffee - Café **25**
10:00 Learn Your Name in ASL - Café
10:30 Functional Fitness - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Book Club - Library
3:30 Make Fake Snow - Lounge
4:00 Happy Hour - Lounge
6:00 Family Night: Make Snowglobes - Art Studio

9:30 Morning News & Coffee - Café **26**
10:00 Midweek Devotion - Café
10:30 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Activity Committee Meeting - Dining Room
3:30 Skee Ball - Lounge
4:00 Happy Hour - Lounge
6:30 Evening Movie of Your Choice - Theater

Beauty Salon Open **27**
9:30 Morning News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Tech Class: Bring Your Devices - Café
2:00 Music Bingo - Art Studio
3:30 Cheesy Jokes & Puns - Lounge
4:00 Thirsty Thursday: Hotty Toddy - Lounge

9:30 Morning News & Coffee - Café **28**
10:00 Health Chat: Brain Health - Café
10:30 Outing to Vulcan - Sign up with Concierge
1:30 Bingo - Theater
3:30 Carpet Golf - Lounge
4:00 Happy Hour - Lounge
6:30 After Dinner Dominoes - Art Studio

9:30 Morning News & Coffee - Café **29**
10:00 What Am I? - Café
10:30 Nature Scavenger Hunt - Meet in Lobby
1:00 Fit, Fab, Fun Walking Group - Meet in the Lobby
1:30 Prayer Reading - Library
3:30 Family Feud - Lounge
4:00 Happy Hour - Lounge

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January 2022

Memory Care

9:30 Morning Movement - Activity Room
10:30 New Year's Resolutions - Activity Room
11:00 IN2L Family Feud - Activity Room
2:00 Afternoon Devotion - Activity Room
3:00 IN2L Laughter Therapy - Activity Room
6:30 Word Search Puzzles - Activity Room

New Year's Day

9:30 B-Fit Exercise - Activity Room
10:30 Church Service - Activity Room
11:00 Our Daily Bread - Activity Room
2:00 Grocery Shopping Game - Activity Room
3:00 Art Walk - Activity Room
6:30 Hymn Sing Along - Activity Room

2

Epiphany

9:30 Balloon Volleyball - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Weekly Horoscopes - Activity Room
2:00 Don't Break the Ice - Activity Room
3:00 Monthly Gazette & Trivia - Activity Room
6:30 Tabletop Games - Activity Room

3

9:30 Sittercize - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Rejoicing Rhythms with Walker Wright - Activity Room
2:00 Make Paper Snowflakes - Activity Room
3:00 IN2L Scenic Drive - Activity Room
6:30 Movie Night - Activity Room

4

Beauty Salon Open
9:30 Chair Dancing - Activity Room
10:30 Morning Devotion - Activity Room
11:00 Bingo - Activity Room
2:00 Manicures & Music - Activity Room
3:00 Afternoon Yoga & Meditation - Activity Room
6:30 Magazines & Mingling - Activity Room

5

9:30 Sit to be Fit - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Conversation Starters - Activity Room
2:00 Uno & Card Games - Activity Room
3:00 IN2L The Carol Burnett Show - Activity Room
6:30 News & Current Events - Activity Room

6

9:30 Balloon Bounce- Activity Room
10:30 Penny Ante - Activity Room
11:00 IN2L Three of a Kind - Activity Room
2:00 Birthday Social - Activity Room
3:00 Elvis Sing Along - Activity Room
6:30 Creative Coloring - Activity Room

7

9:30 Morning Movement - Activity Room
10:30 Elvis Presley Tribute - Activity Room
11:00 IN2L Family Feud - Activity Room
2:00 Afternoon Devotion - Activity Room
3:00 IN2L Laughter Therapy - Activity Room
6:30 Word Search Puzzles - Activity Room

8

9:30 B-Fit Exercise - Activity Room
10:30 Church Service - Activity Room
11:00 Our Daily Bread - Activity Room
2:00 Grocery Shopping Game - Activity Room
3:00 Art Walk - Activity Room
6:30 Hymn Sing Along - Activity Room

9

9:30 Balloon Volleyball - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Weekly Horoscopes - Activity Room
2:00 Bananagrams - Activity Room
3:00 Who Am I? - Activity Room
6:30 Tabletop Games - Activity Room

10

9:30 Sittercize - Activity Room
10:30 Coffee Talk - Activity Room
3:00 IN2L Trivia - Activity Room
2:00 Watercolors - Activity Room
3:00 IN2L Travel to South America - Activity Room
6:30 Movie Night - Activity Room

11

Beauty Salon Open
9:30 Chair Dancing - Activity Room
10:30 Morning Devotion - Activity Room
11:00 Bingo - Activity Room
2:00 Manicures & Movies - Activity Room
3:00 Afternoon Yoga & Meditation - Activity Room
6:30 Table Talk - Activity Room

12

9:30 Sit to be Fit - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Conversation Starters - Activity Room
2:00 Qwirkle - Activity Room
3:00 IN2L The Dick Van Dyke Show - Activity Room
6:30 News & Current Events - Activity Room

13

9:30 Balloon Bounce- Activity Room
10:30 Penny Ante - Activity Room
11:00 IN2L List It! - Activity Room
2:00 Snowball Wars - Activity Room
3:00 Country Sing Along - Activity Room
6:30 Movie Night - Activity Room

14

9:30 Morning Movement - Activity Room
10:30 Dear Abbey - Activity Room
11:00 IN2L Family Feud - Activity Room
2:00 Afternoon Devotion - Activity Room
3:00 IN2L Laughter Therapy - Activity Room
6:30 Word Search Puzzles - Activity Room

15

9:30 B-Fit Exercise - Activity Room
10:30 Church Service - Activity Room
11:00 Our Daily Bread - Activity Room
2:00 Grocery Shopping Game - Activity Room
3:00 Art Walk - Activity Room
6:30 Hymn Sing Along - Activity Room

16

9:30 Balloon Volleyball - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Weekly Horoscopes - Activity Room
2:00 Don't Break the Ice - Activity Room
3:00 Junk Drawer Detective - Activity Room
6:30 Tabletop Games - Activity Room

17

9:30 Sittercize - Activity Room
10:30 Coffee Talk - Activity Room
3:00 IN2L Trivia - Activity Room
2:00 Make Winter Collages - Activity Room
3:00 IN2L Travel to Europe - Activity Room
6:30 Movie Night - Activity Room

18

Beauty Salon Open
9:30 Chair Dancing - Activity Room
10:30 Morning Devotion - Activity Room
11:00 Bingo - Activity Room
2:00 Manicures & Music - Activity Room
3:00 Afternoon Yoga & Meditation - Activity Room
6:30 Magazines & Mingling - Activity Room

19

9:30 Sit to be Fit - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Piano by Jan - Activity Room
2:00 Uno & Card Games - Activity Room
3:00 IN2L Bonanza - Activity Room
6:30 News & Current Events - Activity Room

20

9:30 Balloon Bounce- Activity Room
10:30 Penny Ante - Activity Room
11:00 IN2L Three of a Kind - Activity Room
2:00 Funny Tongue Twisters - Activity Room
3:00 Hank Williams Sing Along - Activity Room
6:30 Movie Night - Activity Room

21

9:30 Morning Movement - Activity Room
10:30 Current Events - Activity Room
11:00 IN2L Family Feud - Activity Room
2:00 Afternoon Devotion - Activity Room
3:00 IN2L Laughter Therapy - Activity Room
6:30 Word Search Puzzles - Activity Room

22

9:30 B-Fit Exercise - Activity Room
10:30 Church Service - Activity Room
11:00 Our Daily Bread - Activity Room
2:00 Grocery Shopping Game - Activity Room
3:00 Art Walk - Activity Room
6:30 Hymn Sing Along - Activity Room

23

9:30 Balloon Volleyball - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Weekly Horoscopes - Activity Room
2:00 Bananagrams - Activity Room
3:00 What Am I? - Activity Room
6:30 Tabletop Games - Activity Room

24

9:30 Sittercize - Activity Room
10:30 Coffee Talk - Activity Room
3:00 IN2L Trivia - Activity Room
2:00 Make Fake Snow - Activity Room
3:00 IN2L Travel to Africa - Activity Room
6:30 Movie Night - Activity Room

25

Beauty Salon Open
9:30 Chair Dancing - Activity Room
10:30 Morning Devotion - Activity Room
11:00 Bingo - Activity Room
2:00 Manicures & Movies - Activity Room
3:00 Afternoon Yoga & Meditation - Activity Room
6:30 Table Talk - Activity Room

26

9:30 Sit to be Fit - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Conversation Starters - Activity Room
2:00 Qwirkle - Activity Room
3:00 IN2L Shirley Temple - Activity Room
6:30 News & Current Events - Activity Room

27

9:30 Balloon Bounce- Activity Room
10:30 Penny Ante - Activity Room
11:00 IN2L List It! - Activity Room
2:00 Mocktails Social - Activity Room
3:00 Dolly Parton Sing Along - Activity Room
6:30 Movie Night - Activity Room

28

9:30 Morning Movement - Activity Room
10:30 Mind Joggers - Activity Room
11:00 IN2L Family Feud - Activity Room
2:00 Afternoon Devotion - Activity Room
3:00 IN2L Laughter Therapy - Activity Room
6:30 Word Search Puzzles - Activity Room

29

9:30 B-Fit Exercise - Activity Room
10:30 Church Service - Activity Room
11:00 Our Daily Bread - Activity Room
2:00 Grocery Shopping Game - Activity Room
3:00 Art Walk - Activity Room
6:30 Hymn Sing Along - Activity Room

30

9:30 Balloon Volleyball - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Weekly Horoscopes - Activity Room
2:00 Don't Break the Ice - Activity Room
3:00 Junk Drawer Detective - Activity Room
6:30 Tabletop Games - Activity Room

31

9:30 Sittercize - Activity Room
10:30 Coffee Talk - Activity Room
3:00 IN2L Trivia - Activity Room
2:00 Make Fake Snow - Activity Room
3:00 IN2L Travel to Africa - Activity Room
6:30 Movie Night - Activity Room

31

9:30 Sit to be Fit - Activity Room
10:30 Coffee Talk - Activity Room
11:00 Conversation Starters - Activity Room
2:00 Qwirkle - Activity Room
3:00 IN2L Shirley Temple - Activity Room
6:30 News & Current Events - Activity Room

30

9:30 Balloon Bounce- Activity Room
10:30 Penny Ante - Activity Room
11:00 IN2L List It! - Activity Room
2:00 Mocktails Social - Activity Room
3:00 Dolly Parton Sing Along - Activity Room
6:30 Movie Night - Activity Room

30

9:30 Morning Movement - Activity Room
10:30 Mind Joggers - Activity Room
11:00 IN2L Family Feud - Activity Room
2:00 Afternoon Devotion - Activity Room
3:00 IN2L Laughter Therapy - Activity Room
6:30 Word Search Puzzles - Activity Room

30

9:30 Morning Movement - Activity Room
10:30 Mind Joggers - Activity Room
11:00 IN2L Family Feud - Activity Room
2:00 Afternoon Devotion - Activity Room
3:00 IN2L Laughter Therapy - Activity Room
6:30 Word Search Puzzles - Activity Room

30