

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*All activities
reserve the right to
be changed or
rescheduled.*

9:30 News & Coffee - Café **7**
9:00 Sunday School: Brookwood - Theater
10:30 Worship: Brookwood - Theater
10:30 Exercise - Fitness Center
1:30 Sunday Classics: My Fair Lady - Theater
3:30 Happy Hour - Lounge
6:30 Relaxation Coloring - Art Studio

9:30 News & Coffee - Café **14**
9:00 Sunday School: Brookwood - Theater
10:30 Worship: Brookwood - Theater
10:30 Exercise - Fitness Center
1:30 Sunday Classics: Bonnie and Clyde - Theater
3:30 Happy Hour - Lounge
6:30 Relaxation Coloring - Art Studio

9:30 News & Coffee - Café **21**
9:00 Sunday School: Brookwood - Theater
10:30 Worship: Brookwood - Theater
10:30 Exercise - Fitness Center
1:30 Sunday Classics: Annie - Theater
3:30 Happy Hour - Lounge
6:30 Relaxation Coloring - Art Studio

9:30 News & Coffee - Café **28**
9:00 Sunday School: Brookwood - Theater
10:30 Worship: Brookwood - Theater
10:30 Exercise - Fitness Center
1:30 Sunday Classics: The Piano - Theater
3:30 Happy Hour - Lounge
6:30 Relaxation Coloring - Art Studio

9:30 News & Coffee - Café **1**
10:30 Exercise Class - Fitness Center
1:30 Afternoon Matinee: Penguin Bloom - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Puzzles & Music - Art Studio

9:30 News & Coffee - Café **8**
10:30 Moving to Music with Jackie - Fitness Center
1:30 Afternoon Matinee: Steel Magnolias - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Puzzles & Music - Art Studio

9:30 News & Coffee - Café **15**
10:30 Exercise Class - Fitness Center
1:30 Afternoon Matinee: Tick, Tick...BOOM! - Theater
3:30 Wine & Piano by Kara - Theater
6:30 Evening Puzzles & Music - Art Studio

9:30 News & Coffee - Café **22**
10:30 Moving to Music with Jackie - Fitness Center
1:30 Afternoon Matinee: The Starling - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Evening Puzzles & Music - Art Studio

9:30 News & Coffee - Café **29**
10:30 Exercise Class - Fitness Center
1:30 Afternoon Matinee: My Cousin Vinny - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Evening Puzzles & Music - Art Studio

9:30 News & Coffee - Café **2**
10:30 Exercise with Enhabit Home Health - Fitness Center
1:30 Card Club - Art Studio
3:00 Trivia - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

9:30 News & Coffee - Café **9**
10:30 Exercise with Enhabit Home Health - Fitness Center
1:30 Card Club - Art Studio
3:00 Trivia - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

9:30 News & Coffee - Café **16**
9:30 News & Coffee - Café **16**
10:30 Exercise with Enhabit Home Health - Fitness Center
1:30 Card Club - Art Studio
3:00 Trivia - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

9:30 News & Coffee - Café **23**
10:30 Exercise with Enhabit Home Health - Fitness Center
1:30 Card Club - Art Studio
3:00 Trivia - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

9:30 News & Coffee - Café **30**
10:30 Exercise with Enhabit Home Health - Fitness Center
1:30 Card Club - Art Studio
3:00 Trivia - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

9:30 News & Coffee - Café **3**
10:30 Functional Fitness - Fitness Center
1:30 Tech Class - Bring Your Devices - Café
3:00 Farkle - Lounge
3:30 Wine Wednesday - Lounge
6:30 Walking Club - Lobby

9:30 News & Coffee - Café **10**
10:30 Functional Fitness - Fitness Center
1:30 Activity Committee Meeting - Dining Room
3:00 Skee Ball
3:30 Wine Wednesday - Lounge
6:30 Movie Night: Paddington - Theater

9:30 News & Coffee - Café **17**
10:30 Functional Fitness - Fitness Center
1:30 Resident Council Meeting - Dining Room
3:00 Skee Ball
3:30 Wine Wednesday - Lounge
6:30 Walking Club - Lobby

9:30 News & Coffee - Café **24**
10:30 Functional Fitness - Fitness Center
1:30 Chef Chat - Dining Room
3:00 Skee Ball
3:30 Wine Wednesday - Lounge
6:30 Movie Night: Mr. Bean's Holiday - Theater

9:30 News & Coffee - Café **31**
10:30 Functional Fitness - Fitness Center
1:30 Chef Demo: Shrimp Boil - Dining Room
3:00 Skee Ball
3:30 Wine Wednesday - Lounge
6:30 Walking Club - Lobby

Beauty Salon Open **4**
9:30 News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
1:30 Tech Class: Bring Your Devices - Café
3:00 Jokes & Puns - Lounge
3:30 Happy Hour - Lounge
6:30 Walking Club

Beauty Salon Open **11**
9:30 News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
1:30 Tech Class: Bring Your Devices - Cafe
3:30 Jokes & Puns - Lounge
3:30 Happy Hour - Lounge
6:30 Walking Club - Lobby

Beauty Salon Open **18**
9:30 News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
1:30 Tech Class: Bring Your Devices - Cafe
3:00 Trivia - Lounge
3:30 Happy Hour - Lounge
6:30 Walking Club - Lobby

Beauty Salon Open **25**
9:30 News & Coffee - Café
10:00 Silver Sneakers - Fitness Center
2:00 Bingo Store Open - Café
3:00 Jokes & Puns - Lounge
3:30 Happy Hour - Lounge
6:30 Farkle - Art Studio

9:30 News & Coffee - Café **5**
10:30 Chair Exercise - Fitness Center
Time to be Announced: Outing to AMC Theater for "Elvis" - Sign Up with Activities
1:30 Bingo - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Dominoes - Art Studio

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9:30 News & Coffee - Café
10:30 Chair Exercise - Fitness Center
10:00 Outing to Bass Pro Shops - Sign Up with Activities
1:30 Bingo - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Dominoes - Art Studio

9:30 News & Coffee - Café **19**
10:30 Chair Exercise - Fitness Center
10:30 Outing to Olive Garden - Sign Up with Activities
1:30 Bingo - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Dominoes - Art Studio

9:30 News & Coffee - Café **26**
10:30 Chair Exercise - Fitness Center
10:00 Outing to Birmingham Museum of Art - Sign Up with Activities
1:30 Bingo - Theater
3:00 Skee Ball - Lounge
3:30 Happy Hour - Lounge
6:30 Dominoes - Art Studio

9:30 News & Coffee - Café **6**
10:30 Sit & Fit - Fitness Center
1:30 Bingo - Theater
3:00 Comedy Hour - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

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9:30 News & Coffee - Café
10:30 Sit to be Fit - Fitness Center
1:30 Bingo - Theater
3:00 Family Feud - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

9:30 News & Coffee - Café **20**
10:30 Sit to be Fit - Fitness Center
1:30 Bingo - Theater
3:00 Family Feud - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

9:30 News & Coffee - Café **27**
10:30 Sit to be Fit - Fitness Center
1:30 Bingo - Theater
3:00 Family Feud - Lounge
3:30 Happy Hour - Lounge
6:30 Horseshoes - Side Patio

*August 2022
Assisted Living
Happy Birthday
Anita M. 8.3
Gaylon B. 8.31*