

MAY 2023 Memory Care

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			1 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Hymns 2:00pm Tell me a story! 2:30pm Game Show and Snack 3:30pm Patio Walk 4:00pm Balloon Keep Up 6:00pm Hallway Walking Club	2 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle Music Therapy 2:00pm Coloring Art Therapy 3:00pm Snack and Chat 4:00pm Sing A Long and Dance 6:00pm Patio Stargazing	3 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Noodle Hockey 1:30pm Cinco De Mayo Party 6:00pm Hallway Walk Club	4 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Karaoke and Cookies 6:00pm Patio Stargazing
5 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	6 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	7 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Scenic Bus Outing 3:30pm Snack and Chat 4:00pm TV Huddle 6:00pm Patio Stargazing	8 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Hymns 2:00pm Tell me a story! 2:30pm Game Show and Snack 3:30pm Patio Walk 4:00pm Balloon Keep Up 6:00pm Hallway Walking Club	9 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle Music Therapy 2:00pm Coloring Art Therapy 3:00pm Snack and Chat 4:00pm Sing A Long and Dance 6:00pm Patio Stargazing	10 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Noodle Hockey 11:00am Mother's Day Lunch 2:00pm Movie and Snack 6:00pm Hallway Walk Club	11 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Karaoke and Cookies 6:00pm Patio Stargazing
12 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	13 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	14 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Scenic Bus Outing 3:30pm Snack and Chat 4:00pm TV Huddle 6:00pm Patio Stargazing	15 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Hymns 2:00pm Tell me a story! 2:30pm Game Show and Snack 3:30pm Patio Walk 4:00pm Balloon Keep Up 6:00pm Hallway Walking Club	16 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle Music Therapy 2:00pm Coloring Art Therapy 3:00pm Snack and Chat 4:00pm Sing A Long and Dance 6:00pm Patio Stargazing	17 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Noodle Hockey 2:00pm Movie and Snack 6:00pm Hallway Walk Club	18 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Karaoke and Cookies 6:00pm Patio Stargazing
19 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	20 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	21 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Scenic Bus Outing 3:30pm Snack and Chat 4:00pm TV Huddle 6:00pm Patio Stargazing	22 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Hymns 2:00pm Tell me a story! 2:30pm Game Show and Snack 3:30pm Patio Walk 4:00pm Balloon Keep Up 6:00pm Hallway Walking Club	23 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle Music Therapy 2:00pm Coloring Art Therapy 3:00pm Snack and Chat 4:00pm Sing A Long and Dance 6:00pm Patio Stargazing	24 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Noodle Hockey 2:00pm "We Remember" Memorial Day 6:00pm Hallway Walk Club	25 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Karaoke and Cookies 6:00pm Patio Stargazing
26 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	27 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	28 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Scenic Bus Outing 3:30pm Snack and Chat 4:00pm TV Huddle 6:00pm Patio Stargazing	29 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Hymns 2:00pm Tell me a story! 2:30pm Game Show and Snack 3:30pm Patio Walk 4:00pm Balloon Keep Up 6:00pm Hallway Walking Club	30 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle Music Therapy 2:00pm Coloring Art Therapy 3:00pm Snack and Chat 4:00pm Sing A Long and Dance 6:00pm Patio Stargazing	31 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Noodle Hockey 2:00pm Music with the Alexander's 6:00pm Hallway Walk Club	

**ALL ACTIVITIES ARE
SUBJECT TO CHANGE**