

# OCTOBER 2024

## Memory Care

SUN

MON

TUE

WED

THU

FRI

SAT



<p>6</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p>7</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>8</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p>9</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A Long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p>10</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Garden Walk 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p>11</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p>12</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>
<p>13</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p>14</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>15</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p>16</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p>17</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p>18</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p>19</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 1:30pm Community Halloween Trick-O-Treat 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>
<p>20</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p>21</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>22</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p>23</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p>24</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Music with the Alexanders 3:00pm Paris Olympics Party 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p>25</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p>26</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>

27

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**ALL ACTIVITIES  
ARE SUBJECT TO  
CHANGE**