

# NOVEMBER 2024

# Memory Care

**SUN**

**MON**

**TUE**

**WED**

**THU**

**FRI**

**SAT**

**ALL ACTIVITIES  
ARE SUBJECT TO  
CHANGE**



					1 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	2 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing Club
3 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	4 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	5 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing	6 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A Long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	7 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Garden Walk 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing	8 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	9 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
10 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	11 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	12 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing	13 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	14 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing	15 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	16 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 1:30pm Community Halloween Trick-O-Treat 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
17 9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club	18 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club	19 9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing	20 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club	21 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing	22 9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club	23 9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing
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