

LONGLEAF LIBERTY PARK		DECEMBER 2024						Assisted Living	
SUN	MON	TUE	WED	THU	FRI	SAT			
<p><b>1</b></p> <p>10:00am Coffee and Donuts w/Brookwood Church (Cafe)</p> <p>10:30am Worship Services w/Brookwood Church (Theater)</p> <p>1:30pm Bingo (Theater)</p> <p>6:00pm Patio Conversations (AL Patio)</p>	<p><b>2</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>10:30am Dreamland BBQ Lunch Outing (Lobby)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Afternoon Tea Party (Art Studio)</p> <p>2:30pm Give Back to Charity- Make a food drive box (Art Studio)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>3</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>12:00pm Men's Lunch (Private Dining Room)</p> <p>2:00pm Card &amp; Domino Games (Lounge)</p> <p>3:00pm Music Trivia (Lounge)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Ted Talk Tuesday (Theater)</p>	<p><b>4</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>11:00am Exercise (Gym)</p> <p>1:00PM Publix Bus Outing (Lobby)</p> <p>1:30pm Connie Skellie on Violin (Theater)</p> <p>2:00pm Knitting Class with Janice (Art Studio)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>5</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Bible Study (Library)</p> <p>1:30pm Tech Help (Theater)</p> <p>2:00pm Matinee Movie (Theater)</p> <p>3:30pm Social Hour (Lounge)</p> <p>5:30pm Comedy Night (Theater)</p>	<p><b>6</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Bingo (Theater)</p> <p>3:30pm Social Hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>7</b></p> <p>10:00am Coffee and Pastries (Cafe)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Paint and Sip (Art Studio)</p> <p>4:00pm Coloring Mazes (Art Studio)</p> <p>6:00pm Fire Pit Chat (Side Patio)</p>			
<p><b>8</b></p> <p>10:00am Coffee and Donuts w/Brookwood Church (Cafe)</p> <p>10:30am Worship Services w/Brookwood Church (Theater)</p> <p>1:30pm Bingo (Theater)</p> <p>6:00pm Patio Conversations (AL Patio)</p>	<p><b>9</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>10:30am Lovelady Thrift Store Shopping Outing (Lobby)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Afternoon Tea Party (Art Studio)</p> <p>2:00pm Give Back to Charity- Resident door decorating (All Floors)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>10</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>2:00pm Kevin Atkins Live Music (Theater)</p> <p>3:00pm Music Trivia (Lounge)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Ted Talk Tuesday (Theater)</p>	<p><b>11</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Chef Chat (AL Dining Room)</p> <p>2:00pm Knitting Class with Janice (Art Studio)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>12</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Bible Study (Library)</p> <p>1:30pm Tech Help (Theater)</p> <p>2:00pm Matinee Movie (Theater)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Comedy Night (Theater)</p>	<p><b>13</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Bingo (Theater)</p> <p>3:30pm Social Hour Live Music w/Nick Chambers</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>14</b></p> <p>10:00am Coffee and Pastries (Cafe)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Pain and Sip (Art Studio)</p> <p>4:00pm Coloring Mazes (Art Studio)</p> <p>6:00pm Fire Pit Chat (Side Patio)</p>			
<p><b>15</b></p> <p>10:00am Coffee and Donuts w/Brookwood Church (Cafe)</p> <p>10:30am Worship Services w/Brookwood Church (Theater)</p> <p>1:30pm Bingo (Theater)</p> <p>6:00pm Patio Conversations (AL Patio)</p>	<p><b>16</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>10:30am Melt Lunch Outing (Lobby)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Afternoon Tea Party (Art Studio)</p> <p>2:00pm Give Back to Charity- Make Christmas Cards (Art Studio)</p> <p>3:30pm Social Hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>17</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>2:00pm Card &amp; Domino Games (Lounge)</p> <p>3:00pm Music Trivia (Lounge)</p> <p>3:30pm Community Christmas Party (All Floors)</p> <p>5:30pm Ted Talk Tuesday (Theater)</p>	<p><b>18</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Resident Town Hall (AL Dining Room)</p> <p>2:30pm New Resident Meet and Greet (Lounge)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>19</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Bible Study (Library)</p> <p>1:30pm Tech Help (Theater)</p> <p>2:00pm Matinee Movie (Theater)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Comedy Night (Theater)</p>	<p><b>20</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Bingo (Theater)</p> <p>3:30pm Social Hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>21</b></p> <p>10:00am Coffee and Pastries (Cafe)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Paint and Sip (Art Studio)</p> <p>4:00pm Coloring Mazes (Art Studio)</p> <p>6:00pm Fire Pit Chat (Side Patio)</p>			
<p><b>22</b></p> <p>10:00am Coffee and Donuts w/Brookwood Church (Cafe)</p> <p>10:30am Worship Services w/Brookwood Church (Theater)</p> <p>1:30pm Bingo (Theater)</p> <p>6:00pm Patio Conversations (AL Patio)</p>	<p><b>23</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>10:30am Marshalls Shopping Bus Outing (Lobby)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Afternoon Tea Party (Art Studio)</p> <p>2:00pm-Give Back to Charity-Sing Christmas Carols (Art Studio)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>24</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>2:00pm Card &amp; Domino Games (Lounge)</p> <p>3:00pm Music Trivia (Lounge)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Ted Talk Tuesday (Theater)</p>	<p><b>25</b></p> <p></p> <p>11:00am Exercise (Gym)</p> <p>11:30am Christmas Lunch (AL Dining Room)</p>	<p><b>26</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Bible Study (Library)</p> <p>1:30pm Tech Help (Theater)</p> <p>2:00pm Matinee Movie (Theater)</p> <p>3:30pm Social Hour (Lounge)</p> <p>5:30pm Comedy Night (Theater)</p>	<p><b>27</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Bingo (Theater)</p> <p>3:30pm Social Hour (Lounge)</p> <p>6:00pm Birmingham Bulls Ice Hockey Game (Lobby)</p>	<p><b>28</b></p> <p>10:00am Coffee and Pastries (Cafe)</p> <p>11:00am Exercise (Gym)</p> <p>1:00pm Paint and Sip (Art Studio)</p> <p>4:00pm Coloring Mazes (Art Studio)</p> <p>6:00pm Fire Pit Chat (Side Patio)</p>			
<p><b>29</b></p> <p>10:00am Coffee and Donuts w/Brookwood Church (Cafe)</p> <p>10:30am Worship Services w/Brookwood Church (Theater)</p> <p>1:30pm Bingo (Theater)</p> <p>6:00pm Patio Conversations (AL Patio)</p>	<p><b>30</b></p> <p>10:00am Morning Mug Club (AL Dining Room)</p> <p>10:30am Nail Salon Bus Outing (Lobby)</p> <p>11:00am Exercise (Gym)</p> <p>1:30pm Afternoon Tea Party (Art Studio)</p> <p>2:00pm Give Back to Charity- Trash Pick Up (Lobby)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Poker Night (Lounge)</p>	<p><b>31</b></p> <p>10:00am Noodle Hockey (Gym)</p> <p>11:00am Exercise (Gym)</p> <p>2:00pm Card &amp; Domino Games (Lounge)</p> <p>3:00pm Music Trivia (Lounge)</p> <p>3:30pm Social hour (Lounge)</p> <p>5:30pm Ted Talk Tuesday (Theater)</p>	<p></p>	<p></p>	<p><b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b></p>	<p><b>STAFF LED PROGRAM</b></p> <p><b>RESIDENT LED PROGRAM</b></p> <p><b>SPECIAL EVENT</b></p> <p><b>BUS OUTING</b></p> <p><b>COLOR LEGEND</b></p>			

# DECEMBER 2024

# Memory Care

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<p>1</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p>2</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>3</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p>4</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club and Patio Walk 6:00pm Hallway Walking Club</p>	<p>5</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p>6</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p>7</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>
<p>8</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p>9</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>10</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p>11</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A Long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p>12</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Garden Walk 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p>13</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p>14</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>
<p>15</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm <b>Special Christmas Performance and Snack</b> 6:00pm Hallway Walk Club</p>	<p>16</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>17</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Christmas Party 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p>18</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p>19</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring Group/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p>20</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p>21</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>
<p>22</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p>23</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>24</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>	<p>25</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Beach Ball Hockey 2:00pm Music Sing-A long 2:30pm Snack and Chat 3:30pm Garden Club/Patio Walk 6:00pm Hallway Walking Club</p>	<p>26</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Drum Circle/Music Therapy 2:00pm Coloring/Art Therapy 3:00pm Snack and Chat 4:00pm Noodle Hockey 6:00pm Patio Stargazing</p>	<p>27</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Rejoicing Rhythms 2:00pm Bingo 3:30pm Snack and Chat 6:00pm Hallway Walking Club</p>	<p>28</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am TV Huddle 2:00pm Snack and Chat 3:00pm Balloon Keep Up 6:00pm Patio Stargazing</p>
<p>29</p> <p>9:45am Church of the Highlands Worship Service 11:00am Snack and Chat 11:30am Exercise 2:00pm Movie and Popcorn 6:00pm Hallway Walk Club</p>	<p>30</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am Baking Club 2:00pm Balloon Tennis 3:00pm Snack and Chat 4:00pm Music Monday 6:00pm Hallway Walking Club</p>	<p>31</p> <p>9:30am Morning Exercise 10:30am Snack and Chat 11:00am What Am I? Game 2:00pm Theater Visit 3:30pm Snack and Chat 4:00pm Bingo 6:00pm Patio Stargazing</p>				<p><b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b></p>